

Referral Resource Guide

LOUISIANA

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation
Dial 911

National Suicide Prevention Lifeline
1-800-273-TALK (8255) (<i>press 1 for veterans, 2 for Spanish</i>)
SAMHSA Disaster Distress Helpline
Call 1-800-985-5990 Text TALKWITHUS to 66746

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453)
National Domestic Violence Hotline
1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)

National Sexual Assault Hotline
1-800-656-HOPE (4673)
RAINN (Rape, Abuse & Incest National Network)
1-800-656-HOPE (4673) www.rainn.org

TREATMENT RESOURCES

Substance Abuse Treatment

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support.

TheNationalCouncil.org (click on “Find a Provider”)

Mental Health Treatment

Behavioral Health Recovery Outreach Line serves healthcare professionals and individuals in recovery. Trained staff are available 24 hours a day, 7 days a week. 1-833-333-1132

LDH Office of Behavioral Health’s Keep Calm Line. 1-866-310-7977

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.
1-800-662-HELP (4357)

National Alliance on Mental Illness (NAMI) Information Helpline provides information and referral services. 1-800-950-NAMI (6264)

National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support. [TheNationalCouncil.org](https://www.thenationalcouncil.org) (click on “Find a Provider”)

CHILDREN & YOUTH RESOURCES

Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

National Youth Crisis Suicide Hotline

1-800-442-4673

VIA LINK’S Louisiana Statewide Crisis Teen Text Line serves anyone ages 13-22, in any type of crisis, providing access to free, 24/7 support and information. 504-777-3273 (EASE)

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en_US/find-aa-resources
National Domestic Violence Hotline
www.al-anon.alateen.org/local-meetings
National Domestic Violence Hotline
www.draonline.org

Narcotics Anonymous
1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch
Nar-Anon Family Groups
www.nar-anon.org/find-a-group

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions.
www.findlaw.com