Course Prefix and Number: PSYC 202

Credit hours: 3

Course Title: Practical Psychology for Health Professionals

Course Prerequisites: None


Course Description: The study and application of psychological concepts as they relate to health care workers and quality patient care. Emphasis is placed on personal growth, self-concept, stress reduction, and communication skills in order to enhance the patient-clinician relationship.

Learning Outcomes:

At the end of the course, the student will:

A. develop higher cognitive skills which lead to greater self-direction in learning and coping with life’s problems;
B. recognize characteristics in people that improves communication skills;
C. contrast therapeutic communicational interventions with difficult patients and co-workers;
D. develop new insights into the effect of cultural background of individuals and their behavior;
E. appraise the impact of stress in peoples lives

To achieve the learning outcomes, the student will:

1. Interpret prejudice, intolerance, and misunderstandings; (A, B, D, E)
2. Differentiate thoughts and feelings in one’s self and other people, (A, B, C, D)
3. Analyze experiences with others as they share thoughts, ideas, beliefs; (B, C, D)
4. Analyze the benefits of being honest and open with others. (A, C, D, E)

Course Requirements:

The following are intended to help the learner meet the stated objectives of the course:
students will attend class; students will be evaluated on results of semester exams; students will be required to participate in class discussions and activities.

**Course Grading Scale:**

- A 90 – 100 %
- B 80 – 89 %
- C 70 – 79 %
- D 60 – 69 %
- F 00 – 59 %

**Attendance Policy:** The college attendance policy is available at [http://www.bpcc.edu/catalog/current/academicpolicies.html](http://www.bpcc.edu/catalog/current/academicpolicies.html)

Course Fees: None

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